



Healthchek



Free preventive health care and treatment services for children and young adults



What is Healthchek?

Healthchek is a benefit package of health care services provided through Ohio's Medicaid program. Healthchek enhances the availability and accessibility of health care and assists in the effective use of resources.

Who can Healthchek help?

Healthchek services are free to all Medicaid-eligible children and young adults from birth through age 20.



Does Healthchek provide services to children with special needs?

Medicaid-eligible children with special needs may also receive health care services through Healthchek. These services must be for rehabilitation, not habilitation.

Federal law defines habilitation services as “services designed to assist individuals in acquiring, retaining, and improving the self-help, socialization, and adaptive skills necessary to reside successfully in home and community-based settings” .

Habilitation services are available through Medicaid waiver programs and some residential facilities. Please contact your county Healthchek coordinator for additional information.

What does Healthchek cover?

Healthchek's benefit package includes **prevention**, **diagnosis** and **treatment** services.

Prevention Services

Healthchek screens for many health problems. If a Healthchek screening uncovers a problem, your child can get treated early before the problem becomes serious.

Healthchek screening services are very thorough. A complete physical exam includes:

- Behavioral health and other rehabilitative services
- Complete unclothed exam
- Dental check
- Developmental assessment
- Health education
- Hearing check

- Immunization assessment (to determine what shots are needed)
- Lead poisoning test (depending on the age of the child)
- Medical health history
- Nutrition assessment
- Sexually-transmitted disease (STD) test (as indicated)
- Urine test (as indicated)
- Test for anemia and sickle cell anemia (as indicated)
- Tuberculin (TB) test (as indicated)
- Vision check



Treatment Services

Healthchek may provide other health care services, including treatment for children with disabilities or chronic care needs, and as a follow-up to a screening.

When should my child get Healthchek screening services?

Newborns

Newborns need regular, preventive medical care. Babies should be examined at birth. After the first screening, visits are usually scheduled when shots are needed.

The first 2 years

Good medical care will give your child a healthy start in life. Through Healthchek, babies can get up to eight checkups by the age of two. They can get immunizations against such diseases such as polio, influenza, chicken pox, whooping cough, measles, rubella (German measles), mumps, diphtheria, and tetanus (lockjaw).

Children

Children older than age two, should be examined once a year.

Teenagers

Teenagers can also get screening and treatment services through Healthchek. These services are important for this age group because it's a time when the body rapidly changes and grows.

For teenagers, a Healthchek screening is a chance to:

- Check for hidden teen-health problems. Many of these, such as poor diet, are not easy to find without a health checkup.
- Get caught up in any missing immunizations.
- Test teens who are African-American, Hispanic, or of Mediterranean background for sickle cell anemia.
- See if a teen planning to play sports has any medical problems that could lead to serious injury during athletics. Also, the Healthchek screening may serve as a sports physical.
- Talk to a doctor about other health-related concerns.
- Get tested for STDs, have a pregnancy test done, or get a prescription of birth control.

What happens after the Healthchek screening?

After the Healthchek screening, the doctor will explain the results. If you do not understand something, feel free to ask the doctor to explain.

You can ask for a copy of the medical report. The report can be used for day care, sports programs, camps, or school.

If the doctor finds your child needs more medical care, the doctor may refer you to a specialist for another checkup or treatment.

Frequently Asked Questions

Q: Are eyeglasses and other vision services covered by Healthchek?

A: Yes. Healthchek provides services to find and treat vision problems. Vision services may include a complete eye exam and eyeglasses. Your child can get a vision exam every 12 months.

Q: Are hearing services covered?

A: Yes. Your child's hearing will be checked during the Healthchek screening. If a problem is found, additional services such as a more complete exam and hearing aids are covered.

Q: Are dental services covered?

A: Yes. Through Healthchek, all children age two or older should be referred to a dentist every six-months for a dental checkup and any needed treatment. Younger children may be referred to the dentist if dental problems are detected.

Dental checkups include: teeth cleaning and a dental exam for cavities and other problems.

After the exam, the dentist will tell you what other dental treatment will need to be done to keep your child's teeth healthy and strong. The dentist may schedule more appointments to complete the treatment needed for your child's teeth.

Q: How can I get help with services?

A: Your county department of job and family services (CDJFS) has a Healthchek coordinator who can assist you with:

- Finding a doctor, dentist, or other health care specialist;
- Transportation to your medical appointments;
- Scheduling your appointments; and
- Finding low-cost medical services for your child that are not paid for by Medicaid.

If you are in a managed care plan, your plan also has representatives to assist you.

For more information and answers to your questions, please call the Medicaid Consumer Hotline: 1-800-324-8680, *TTY/TDD for hearing impaired:* 1-800-292-3572.

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Ted Strickland, *Governor*
Helen E. Jones-Kelley, *Director*
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This information is not intended to replace, change or obsolete any portion of the Medicaid Eligibility Manual (MEM) or department rule. Additional copies can be requested by sending a fax to: (614) 728-7724.