

2017 Lucas County Plan through HealthSpan Preferred

Keep Your Coverage without a Deductible & Take Control of Your Health



Why Take the Health Risk Assessment

- **SAVINGS!** Completing the Health Risk Assessment in 2016 means you won't have a \$100 deductible in 2017.
- It's **CONFIDENTIAL**. All services are HIPAA Privacy compliant. You'll get a snapshot of your current health risk factors online.



Instructions for Taking the Health Risk Assessment

1. Go to <https://www.healthspan-enroll.com> and "Click here for Participant Portal Access" or click [here](#).
 2. **First time users** click on **REGISTER** and follow instructions given. **Employer ID = 100LC2P** and the unique ID from your **Member ID** card.
 3. **Returning Users** If you have forgotten your Log-In email/User ID please click on **Forgot Password** and email vbc-support@coniferhealth.com or voicemail/email Priscilla at ppnobles@healthspan.org with the following information: **Name, DOB, Member ID # and phone number. Please allow 24-48 hours for return call/email.**
 4. In upper left corner, under My Applications, click **ACCESS MY HEALTH RISK ASSESSMENT**.
For questions that ask for specific data like weight, blood pressure or cholesterol, enter this information if it was done within the last 6 months. If you have **NO** information for that question, click on the button that says "I don't know". You can always come back later with this data to get a better picture of your health.
 5. Complete the Questionnaire. Click **SAVE AND EXIT** when you are done. HRA results will automatically pop up within a few moments.
If you stop before all the questions have been answered, go to the bottom and click on **SAVE AND EXIT**. You can come back any time to finish. **Please Remember to do this otherwise it will show that you have not completed the HRA and will only show that it is in process and not completed.**
 6. You may come back to the portal to complete your HRA or add new information. You'll also have access to the Healthwise database through this website.
- Feel free to take your results to your physician to discuss your risks and set goals with your doctor to improve your health.



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DEADLINE TO COMPLETE HRA: FEBRUARY 28, 2017